

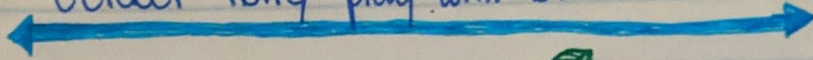
MAY 6, 2021
@ 7pm PST

GO PLAY OUTSIDE!



Death from falling off play equipment is extremely rare!

Reframing risk to promote Childrens Outdoor risky play with Dr. Brussoni



What is Risky Play?

- Thrilling & exciting forms of play involving uncertainty and the chance of Physical Injury.

As Safe as Necessary



NOT as possible

Types of play:

- Heights
- Rough & tumble
- Wander
- Play with impact
- Harmful tools
- Dangerous Elements (water)
- High Speeds

BENEFITS

→ Development:

- Socio-emotional
- Cognitive
- Physical
- Physical Activity Increased
- Mental health

3+

hours of outdoor play per day is recommended



TIME

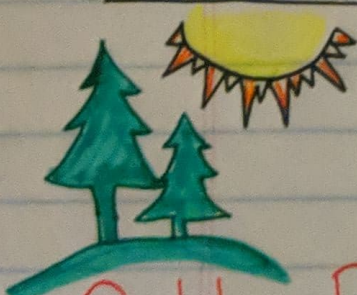
Space

www.meganzeni.com

Freedom

Risk Management Skill development

(let kids take risks to keep them safe!)



OutdoorPlayCanada.ca

